

## **Liturgy of the Word**

### **First Reading**

Reading from the book of Ecclesiastes

11:9-12:1.7

Rejoice, O young, while you are young and let your heart be glad in the days of your youth. Follow the ways of the heart, the vision of your eyes. But understand that for all these things God will bring you into judgement.

Banish anxiety from your mind, and put away pain from your body; for youth and dawn of life are vanity.

Remember God in the days of your youth, before the evil days come. And the dust returns to earth as it was and the spirit returns to God who gave it.

**The word of the Lord.**

## Responsorial Psalm

### Psalm 139: 1-3, 4-6

**R.** O Lord you have searched me and you know me

O Lord, you have probed me and you know me;  
You know when I sit and when I stand;  
You understand my thoughts from afar.  
My journeys and my rest you scrutinize,  
With all my ways you are familiar. **R**

For it was you who formed my inmost being;  
You knit in my mother's womb.  
I give you thanks that I am fearfully and wonderfully are your works. **R**

Even before a word is in my tongue, O Lord, you know it completely. You  
hem me in, behind and before, and lay your hand upon me; such  
knowledge is too wonderful for me; it is so high that I cannot attain it. **R**